



NEBOSH - National General Certificate in Occupational Health & Safety

Who should attend?

This qualification is designed for anyone (managers, supervisors and workers) in any type of organisation. It's ideal for anyone who needs a broad understanding of health and safety issues to be able to manage day-to-day risks effectively. Many people take the National General Certificate in Occupational Health and Safety (NGC) as a first step in a career in health and safety. It gives a valuable overview and is a sound basis for further professional study

Course Aims & Learning outcomes

The purpose of the course is to give delegates an understanding of how to manage Health & Safety in the workplace to create a safer working environment for everybody.

By the end of the course delegates will be able to:

- Justify the need for health and safety improvements
- Advise on duties under the main pieces of UK health and safety legislation
- Help their organisation to manage contractors
- Work within a health and safety management system
- Positively influence health and safety culture and behaviour
- Carry out a general risk assessment (using a 5-step approach) of their workplace
- Recognise workplace changes and their impacts and understand how to minimise these impacts
- Develop basic safe systems of work that include emergency arrangements and know when to use a permit-to-work system
- Take part in incident investigations
- Help their employer check the effectiveness of the health and safety management system through monitoring, auditing and review

Course Outline

Unit – NG1 – Management of Health & Safety

- Why we should manage workplace health & safety
- How health & safety management systems work and what they look like
- Managing Risk – Understanding people and processes
- Health & safety monitoring and measuring

Unit NG2 – Risk Assessment

- Physical and Psychological Health
- Musculoskeletal health
- Chemical and Biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity

Certification

Delegates are awarded the official NEBOSH National General Certificate in Occupational Safety and Health on successful completion and passing of the NEBOSH exams.

Duration

10 days training followed by an open book exam (Candidates have 24-hours to compete this). Candidates also need to conduct a risk assessment based practical application in their own workplace. Please note there will be approximately 40 hours of private study required

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.

More information can be found on the NEBOSH website www.nebosh.org.uk/qualifications