



Qualsafe First Aid at Work – Level 3 Award (RQF)

Who should attend?

This qualification is for people who have a specific responsibility at work, or in voluntary and community activities, to provide basic first aid to people in a range of first aid situations. Delegates must be at least 16 years of age certification.

Course Aims & Objectives

The objective of the qualification is to benefit delegates by enabling them to attain the knowledge and practical competencies needed to deal with a range of first aid situations and/or take on the role of first aider in the workplace.

By the end of the course delegates will:

- Understand the role and responsibilities of a first aider
- Be able to assess an incident
- Be able to provide first aid to a casualty who is:
 - unresponsive
 - choking
- Know how to provide first aid to a casualty with external bleeding, who is in shock or with minor injuries
- Be able to conduct a secondary survey
- Be able to provide first aid to a casualty with suspected injuries to bones, muscles or joints
- Be able to provide first aid to a casualty with suspected head and spinal injuries
- Know how to provide first aid to a casualty with:
 - suspected chest Injuries
 - burns and scalds
 - an eye injury
 - sudden poisoning
 - anaphylaxis
 - suspected major illness

Course Outline

- Health & Safety (first aid) Regulations 1981
- The role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and AED use
- Recovery Position
- Heart Attack
- Stroke
- Choking
- Epilepsy
- Asthma
- Diabetes
- Anaphylaxis Shock
- Head and spinal injuries

- Chest injuries
- Wounds and bleeding
- Fractures
- Sprains, strains and dislocations
- Minor injuries
- Burns and scalds
- Poisoning
- Eye injuries

Certification

Delegates are assessed throughout the course by the trainer and need to complete a written assessment at the end of the course. Successful delegates will receive a Quallsafe Level 3 Award in First Aid at Work certificate. Certificates are valid for 3 years and then delegates will need to attend the 2 day re-qualification course to remain qualified.

Duration

3 Days

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.