



Qualsafe Emergency First Aid at Work – Level 3 Award (RQF)

Who should attend?

This qualification is for people who have a specific responsibility at work, or in voluntary and community activities, to provide basic first aid to people in a range of emergency first aid situations. Delegates must be at least 16 years of age for certification.

Course Aims & Objectives

The objective of the qualification is to benefit delegates by enabling them to attain the knowledge and practical competencies needed to deal with a range of emergency first aid situations and/or take on the role of emergency first aider in the workplace.

By the end of the course delegates will:

- Understand the role and responsibilities of a first aider
- Be able to assess an incident
- Be able to provide first aid to an unresponsive casualty
- Be able to provide first aid to a casualty who is choking
- Know how to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is in shock
- Know how to provide first aid to a casualty with minor injuries

Course Outline

- Health & Safety (first aid) regulations 1981
- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and AED use
- Recovery Position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries
 - Cuts, grazes and bruises
 - Minor burns and scalds

Certification

Delegates are assessed throughout the course by the trainer and need to complete a written assessment at the end of the course. Successful delegates will receive a Qualsafe Level 3 Award in Emergency First Aid at Work certificate. Certificates are valid for 3 years and then delegates will need to resit the qualification to remain qualified.

Duration

1 Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.