



## **Qualsafe Cardiopulmonary Resuscitation and Automated External Defibrillation – Level 2 Award (RQF)**

### **Who should attend?**

This qualification is for people who have a specific interest or a responsibility at work, or in voluntary and community activities, to be able to provide CPR when dealing with an emergency which may involve using an automated external defibrillator (AED).

### **Course Aims & Objectives**

The objective of the qualification is to benefit Learners by enabling them to attain the knowledge and practical competencies needed to deal with a range of first aid situations and safely use an AED.

By the end of the course delegates will:

- Understand basic life support requirements
- Be able to demonstrate basic life support techniques and AED use in line with current national guidelines
- Be able to demonstrate post-resuscitation procedures
- Be able to carry out basic user maintenance and troubleshoot problems with an AED
- Understand the safe use of an AED

### **Course Outline**

- Basic life support
- Recovery Position
- CPR
- Choking
- Safe use of an AED
- Procedures for when Emergency Services arrive
- Basic AED maintenance

### **Certification**

Delegates are assessed throughout the course by the trainer and need to complete a written assessment at the end of the course. Successful delegates will receive a Qualsafe Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation certificate. Certificates are valid for 1 year and then delegates will need to re-sit the qualification to remain qualified (this must be attended no later than 28 days after the expiry on the original certificate).

### **Duration**

½ Day

### **Location**

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.