



## **Qualsafe Basic Life Support and Safe Use of an Automated External Defibrillator – Level 2 Award (RQF)**

### **Who should attend?**

This course is for people who have a specific interest or responsibility at work, or in voluntary and community activities, in being able to provide Basic Life Support (BLS) when dealing with an emergency situation which may involve using an Automated External Defibrillator (AED).

### **Course Aims & Objectives**

The purpose of the course is to assist delegates to gain the knowledge and practical competencies needed to deal with a range of first aid situations and safely use an AED.

By the end of the course delegates will:

- Be able to manage an unresponsive casualty who is breathing normally
- Be able to manage an unresponsive casualty who is not breathing normally
- Know how to safely use an AED
- Be able to safely use an AED

### **Course Outline**

- Health & Safety (first aid) regulations 1981
- Chain of survival
- Incident and casualty assessment
- Cardiopulmonary Resuscitation (CPR)
- Using an AED
  - Safety considerations
  - Electrode placement
  - Modifications for children
  - Following voice prompts (if applicable)
- Combined AED with CPR
- Delivering a shock and the Recovery position

### **Certification**

Delegates are assessed throughout the course by the trainer. Successful delegates will receive a Qualsafe Level 2 Award in Basic Life Support and Safe Use of an Automated External Defibrillator certificate. Certificates are valid for 1 year and then delegates will need to re-sit the qualification to remain qualified

### **Duration**

1/2 Day

### **Location**

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.