

Risk Assessment and Method Statements

Who should attend?

This course is suitable for people with responsibility for carrying out risk assessments and compiling Method Statements in the workplace, as well as line managers, supervisors and safety representatives.

Course Aims & Objectives

The purpose of the course is to give delegates an understanding of how to prepare risk assessments and method statements, by showing delegates that they are not about creating huge amounts of paperwork, but rather about identifying sensible measures to control the risks in your workplace.

By the end of the course delegates will:

- Understand why Risk Assessments are carried out
- Understand the Health & Safety regulations
- Be able to perform Risk Assessments
- Be able to document Risk Assessments correctly
- Understand the importance and role of method statements
- Identify the components for a Method statement document

Course Outline

- Health & Safety at Work act 1974
- Management of Health & Safety at Work Regulations 1999
- The competent person
- Hierarchy of Control
- Risk assessments 5 steps to Risk Assessment
- Identify the Hazards
- Who might be harmed
- Evaluate the risks
- Record your significant findings
- Regularly review your risk assessments
- Components of a method statement
- Compiling method statements

Certification

Certificates of attendance will be awarded to delegates upon completion of the course.

Duration

1 Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.