



First Response Emergency Care – Level 3 Certificate (RQF)

Who should attend?

The FREC certificate can be used as a respected 'stand-alone' qualification that is recognised and accepted by numerous employers. For example, companies who provide event medical cover, ambulance services and security services. In addition, if you would like to work in the emergency services, the course can be used to start a paramedical career because it is part of a progressive suite of pre-hospital care qualifications that lead to the QA Level 6 Diploma in Paramedic Practice (RQF). The FREC Level 3 course also fulfils the competencies set out in the PHEM skills framework at Descriptor Level D so it is ideal for non-healthcare professionals who are required to provide emergency care for patients as a secondary role – e.g. Police Officers and Fire Service personnel.

The course is also perfect for people who work in a high-risk environment and/or anyone who would like to increase their knowledge and learn new skills regarding emergency care.

Course Aims & Objectives

The objective of the qualification is to benefit delegates by enabling them to attain the knowledge and practical competencies needed to deal with a range of pre-hospital emergency situations.

By the end of the course delegates will:

- Understand the role and responsibilities of a first responder providing emergency care
- Be able to assess an incident
- Be able to assess a patient
- Be able to assess a patient's airway
- Be able to manage a patient's airway
- Be able to manage an unresponsive patient who is not breathing normally
- Be able to use appropriate equipment during a resuscitation attempt
- Be able to administer emergency oxygen
- Be able to manage catastrophic bleeding
- Be able to manage a patient who is in shock
- Be able to manage a patient who is bleeding
- Know how to manage a patient with burns or scalds
- Know how to manage a patient with minor injuries
- Know how to manage a patient with sudden poisoning
- Be able to provide emergency care to a patient with head and spinal injuries
- Be able to provide emergency care to a patient with injuries to bones, muscles and joints
- Understand how to identify a patient with breathing difficulties
- Understand how to manage a patient with breathing difficulties
- Know how to manage a patient with anaphylaxis
- Know how to manage a patient with suspected major illness
- Know how to manage a patient who is in seizure
- Understand how to provide emergency care for the effects of environmental exposure

Course Outline

- Roles and responsibilities of a first responder
- Medical emergencies
- Patient assessment

- Airway management
- Adult, child and infant CPR & AED usage
- Return of spontaneous circulation (ROSC) procedures
- Emergency oxygen
- Traumatic injuries
- Catastrophic bleeding
- Shock
- Poisoning and intoxicating substances
- External and internal bleeding
- Helmet removal
- Neck, spine and pelvic immobilisation
- Environmental exposure
- Burns and scalds
- Minor injuries
- Incident reporting

Certification

On successful completion of your course you will be entitled to receive a Quallsafe Awards Level 3 Certificate in First Response Emergency Care that will be valid for three years.

Duration

5 Days – 40 hours training and a further 110 hours of home study

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.