



Pressure Care Awareness

Who should attend?

This course is designed for health care professionals who work with individuals who are at risk of developing pressure areas.

Course Aims & Objectives

The purpose of the course is to give a basic understanding of what a pressure sore / ulcer is and how to identify the signs and symptoms.

By the end of the course delegates will:

- Be able to identify a pressure ulcer
- Have a better understanding of how to care for someone with a pressure ulcer

Course Outline

- Key documents, definition and guidelines
- Anatomy of the skin, pressure, shear and friction explained
- Predisposing factors, prevention, risk assessment and who is at risk
- Healthy skin, skin care and self-care
- Stages of pressure ulcers, recognition of pressure ulcers developing
- Reverse grading
- Pressure ulcer prevention methods and equipment
- Pressure ulcer vs moisture lesions
- Leg ulcers vs pressure ulcers
- Multiple choice test

Certification

Certificates of attendance will be awarded to delegates upon completion of the course. This course needs to be refreshed every year.

Duration

½ Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.