



Health & Safety in the Workplace - Level 2 Award (QCF)

Who should attend?

The course is designed for people at any level, in any sector, needing an understanding of Health & Safety in the workplace. It focuses on why Health & Safety is important, and how you can make a real difference to the wellbeing of yourself and others through changing your behaviour.

Course Aims & Objectives

The purpose of this course is to enable delegates to develop their Health & Safety awareness. It helps the delegates build an understanding of the roles and responsibilities for health, safety and welfare in the workplace.

By the end of the course delegates will:

- Understand the Health & Safety regulations
- Understand how risk assessments contribute to Health & Safety
- Identify and control the risks from common workplace hazards

Course Outline

- Introduction to Health & Safety
- Health & Safety at Work Act 1974
- General Workplace Safety
 - Accidents and Prevention
 - Risk Assessment
 - Fire Safety
 - Electricity
 - Slips, Trips and Falls
- Workplace Welfare
 - Occupational Health
 - Health, Safety and Welfare in the Workplace
 - First Aid in the Workplace
- Equipment in the Workplace
- Personal Protective Equipment (PPE)
- Manual Handling
- COSHH
- Asbestos
- Ergonomics
- Noise and Vibration
- Work, Transport and Vehicles
- Working at Heights
- Confined Spaces
- Pressure and Gas

Certification

Delegates are assessed throughout the course by the trainer and need to complete a written assessment at the end of the course. Successful delegates will receive a QA Level 2 Award in Health

& Safety in the Workplace certificate. It is recommended that this qualification is refreshed every 3 years.

Duration

1 Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.