



Ladder and Stepladder Safety

Who should attend?

This course is suitable for anyone who frequently uses ladders or stepladders in their day-to-day duties and those who supervise others using this equipment.

Course Aims & Objectives

The purpose of this course is to give delegates the knowledge of how to use ladders and stepladders safely.

By the end of the course delegates will:

- Have a thorough understanding of the regulations in the workplace
- Be able to use, store and check ladders and stepladders for safe use

Course Outline

- Working at Height Regulations 2005
- Health & Safety at Work Act 1974
- When to Use a Ladder or Stepladder
- Risk Assessment
- Using Ladders and Stepladders Safely
- Hazards in the Use of Ladders and Stepladders
- Storage and Handling of Ladders and Stepladders
- Practical Inspection and Fault Identification

Certification

On completion of the course delegates are awarded a certificate which complies with the recommendations of the Health and Safety commission approved code of practice. It is recommended that this course is refreshed every 3 years.

Duration

½ Day

Location

We can offer courses on company premises for a maximum of 12 delegates.