

# **Diabetes Awareness**

#### Who should attend?

This course is suitable for anyone who may need to deal with a First Aid incident involving someone who has Diabetes.

## **Course Aims & Objectives**

The purpose of the course is to give delegates an understanding of what Diabetes is and how to deal with an incident when/if it occurs.

By the end of the course delegates will:

- Understand what Diabetes is and the different types
- Understand the complications that could occur
- Be able to deal with an Emergency First Aid procedure

#### **Course Outline**

- What is Diabetes
- Types of Diabetes
- Incidence
- Complications in Diabetes
- Diagnosis and Treatment
- Current Research
- Special Care of Feet
- Coping with Illness and Diabetes
- Blood Ketone and Glucose Monitoring
- Precautions
- Emergency First Aid Procedure

### Certification

Certificates of attendance will be awarded to delegates upon completion of the course. This course needs to be refreshed every 3 years.

#### **Duration**

½ Day

#### Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.